

What's Up @ WLMH: July 2020

Local leader to head up rebuild project team

Hamilton Health Sciences recently made a big hire for the #newWLMH team. Grimsby-resident Bart DeVries is coming on board as our Director of Redevelopment Projects and is taking the lead on the rebuild.

Meet Bart.

Mental health clinic staffer earns elite clinical certification

Congratulations to Aprile Titterson – a social worker at the West Niagara Mental Health clinic at WLMH – on recently completing the Prolonged Exposure (PE) certification for Post-Traumatic Stress Disorder (PTSD). This is a huge accomplishment as Aprile now finds herself in an elite group of only 25 PE Certified Therapists across Canada. With this certification, Aprile's expertise will expand treatment offered to the West Niagara community for those dealing with PTSD, adding to the considerable clinical supports and services currently provided at the clinic.

"I feel very grateful to work with such a caring and driven team of professionals that prioritize evidence-based practices to best support the community of West Niagara. Prolonged Exposure is one of the many therapies we utilize to help individuals move forward in their lives. Clinically, it is a very rewarding experience to see how this therapy can help transform a person's life in such meaningful ways. Also, a special mention to Christopher Conley who has been such an

important driver in bringing so many learning opportunities to the staff at our clinic and often extending the learning to other clinics throughout Niagara region,” says Aprile.

Conley, a Senior Clinical Specialist at the clinic, was Aprile’s certification supervisor and also continues to serve the community as a PE Certified Therapist.

Planning, design and conformance team selected for WLMH project

In case you missed it, we’ve brought B+H Architects / mcCallumSather on as the planning, design and conformance (PDC) team for the rebuild. Read the full announcement [here](#).

Ongoing Infrastructure Updates

Work Completed

- Commissioning of Diesel Generator #1
- Parking Lot Lighting Replacement

Upcoming Work

- ED and B Ward – lighting, plumbing fixture replacement, window sills – Fall