

Important Information for Expectant Families

If your care provider is an Obstetrician or Family Doctor:

- Labour and delivery services will be provided at Niagara Health – St. Catharines site.
- If you go into labour, please go directly to the St. Catharines site. **PLEASE CONTACT WLMH LABOUR & DELIVERY at 905-945-2253 ext 11351 so that we can forward your prenatal information.**
- All inductions will occur at Niagara Health – St Catharines site
- All scheduled cesarean births will occur at St Catharines site. Your physician or midwife will provide you with the date and time.
- For more information please visit <https://www.niagarahealth.on.ca/site/women-babies-children>
- Please note: The St. Catharines labour and delivery team **does not** provide medical advice over the phone. You may contact the team for non-medical questions at 905-378-4647 ext.43283.

If your care provider is a midwife:

- **Planned hospital births will be at Niagara Health - St. Catharines site.** Please call the urgent line (289) 566-8881 to speak with the midwife on call before going to the hospital.

For all patients: Your care provider will give you the necessary pre-admission package to be completed in advance. Your health record will also be sent to the appropriate Labour and Delivery unit so that the care team has access to your pregnancy history. If you have any questions about this process, please speak with your provider.

Pre and follow-up postnatal care: Regular care and appointments before and after the birth will take place with your provider as planned. Please ask your obstetrical care provider for a copy of your antenatal records after 36 weeks.

In an emergency, call 911. The Emergency Department at WLMH remains open 24/7.

Please contact Angela Leslie, Clinical Manager – Obstetrics and Peri-operative at 905-945-2253, ext 11436 with questions

